

## **WITNESS PRAYER**

This is a simple and effective model for guiding an inner healing experience with the Lord. It is offered as way to facilitate a healing conversation with Jesus that begins from a foundation of joy, gratitude and expectation. Through it, we witness His grace in a fresh way today.

It begins simply with a prayer to welcome God's guidance and builds upon the work He has already done by recalling a time where He already came through in a meaningful experience. From that point of recognition and celebration, we invite Him into the place that needs that same kind of touch right now. We ask Him to expel anything that needs to go in order to receive the healing that He supplies. Know that He never just removes something broken in our lives, He always replaces it with something better. The prayer session ends with an agreement to step into the holy exchange that God is offering.

**Welcome:** Welcome God and ask Him to lead this time of prayer. Ask that His presence and voice be clear, and that He keep out any distractions.

**Immanuel Moment:** Recall a time where you felt especially connected and cared for by God. Remember the feeling of having God with you.

**Thanksgiving:** Give God thanks for what He did in the past, for His faithfulness in showing up and taking care of you over the years.

**Need:** What is the place in your heart/life that needs God's peace and that same kind of Immanuel experience right now? Invite Jesus into it.

**Exit:** What needs to exit your heart/life? Is there bitterness or a vow that needs to go? Do you need to repent of anything? Will you let the past go?

**Supply:** What does God want to supply you with instead? Will you receive it?

**Step Into:** What do you need to do to step into this exchange? Surrender to yourself to God's care. Verbally choose to accept what Jesus offers.